

ORDINANCES & SYLLABUS OF

P. G. Dipoloma in HIV/AIDS and Family Life Education

(Self-financing mode)

Coordinator
Prof. D. K. Singh



**Faculty of Arts
DEPARTMENT OF SOCIAL WORK
UNIVERSITY OF LUCKNOW
LUCKNOW**

P.G. Diploma in HIV/AIDS and Family Life Education

Ordinances

Objective

The proposed programme of the study aims to develop in the learners the knowledge and skills needed for healthy relationships, effective communication, and responsible decision-making behavior that will protect themselves and others from HIV/AIDS infection and optimize health. The goals of these programmes include promoting behaviors that prevent the transmission of HIV/AIDS, fostering attitude and behavior that will prevent discrimination against those who are infected with HIV/AIDS, promoting solidarity among them.

Duration

The total duration of the course shall be one year.

Seats

The total number of students to be admitted to the course shall be 30.

Eligibility

Any graduate in any stream shall be eligible for admission to the course.

Admission Policy

As per University norms.

Programme Contents

The curriculum will consist of theory papers and dissertation/Project Work as under:

1. Theory Paper: There shall be 4 papers of 100 marks each
2. Dissertation / Project + viva-voice : 100 marks

Fees of the Course:

Fees of the course shall be 8300/- per year per student. It will be revised from time to time by University of Lucknow.

Course Structure		
Paper No.	Title of the Paper Max.	Marks
Paper – I	HIV/AIDS & Human Disease: Concept & Profile	100
Paper – II	Family Life Education	100
Paper – III	Gender, Law & HIV/AIDS	100
Paper – IV	Communication & Counseling in HIV/AIDS	100

Paper-I
HIV/AIDS & Human disease: Concept & Profile

Unit- 1

History and Origin of HIV/AIDS, Types of HIV virus, Development of HIV to AIDS, HIV Structure and Genome: Tropism, Replication cycle Genetic Variability, HIV test and treatment in men and women, Myths / Misconceptions related to HIV/AIDS. International & National Statistics of HIV/AIDS.

UNIT- 2

Transmission of HIV/AIDS : Blood Component, Sexual & Injection. High Risk practices - types, mode, & recent data. Drug addiction & HIV/AIDS. Mother to Child transmission. Transmission of HIV in health care settings. Safety in health care settings: Universal Precautions.

UNIT- 3

Reproductive system of woman and its functioning, Reproductivity: a language of affinity. Reproductive Tract Infection: meaning, types, various dimensions, causes, prevention and treatment. Sexually Transmitted Infection: meaning, types, various dimension, causes, prevention and treatment, Renal Transmitted Infections: meaning, types, various dimension, causes, prevention and treatment.

UNIT-4

Recent researches regarding HIV/AIDS. HIV/AIDS: An Indian Perspective, Families affected by HIV/AIDS, The impact of HIV/AIDS on culture, Economy, Education, Family and Health, Case studies of HIV/AIDS Treatment.

Books Recommended

1. Tiwari Murli D. , Agarwala Kamlesh N. 2009, IT and Rural Health Care, Primus Books.
2. Hansaria Vijay, Josh P.T. 2010, Juvenile Justice System, Universal Law Publishing Co. Pvt. LTD.
3. Cotts Nat, 2009, AIDS and Science, Alpha House Publishing New York.
4. Fan Hung Y., Conner Ross F, Villarreal Luis P.2007, AIDS. Science and Society Fifth Edition, Jones and Bartlett Publishers.

Paper-II

Family Life Education

Unit I

Family Life Education: Concept, Meaning, Definition & Importance. Traditional Indian values related to family life education. Importance of different types of values in Family life education. Role of Individual, Family, Home, Religion, School and Community in imparting family life Education. Methods of imparting family life education.

Unit II

Social Institution: Family- Concept, meaning, Definition & Importance. Concept of Family in UN Declaration. Type of Familyies. Family Life in Indian Context. Family Values and influences of Socio-Cultural and Religious Dimensions. Marriage - Concept, Meaning, Definition, Importance, functions and Purposes of Marriage. Historical development of marriage. Forms of Marriage. Legal issues involved in Marriage. Inter-relationship between family and marriage. Religion : Meaning and Concept.

Unit III

Personality : Meaning, Definition. Factors of Personality Development : Heredity, Environment, Culture, Family & Economic. Theories of Personality Development : Sigmund Freud, Alfred Adler and Carl Jung. Attitude & value : Personal, Family, moral, ethical, cultural & religious. Effect of divorce, separation & migration on personality.

Unit IV

Psychological changes at the onset of Adolescence, Early Stages of Human Growth: Biological, Social, Psychological and Developmental aspects. Health Education: Concept, Meaning. Health Care Services, Life skill education: Concept Meaning and objectives, Role of Home, School and Media. Sex Education: Concept, Meaning. Human Anatomy & Physiology: Life cycle Approach, Distinction Between Gender & Sex. Effective Sex Education.

Books Recommended

1. Chaturvedi Vibha, Srivastava Nilim, 2010, Girl Child Changing Perception, The Women Press.
2. Singh Surendra, Srivastava S. P.,2010, Social Work Education in India Challenges and Opportunities, New Royal Book Co.
3. Deman Dinesh, 2009, Mental Illness in the Family, Raj Publishing House.
4. Goel S. L., 2005, Population Policy and Family Welfare, Deep and Deep Publications Pvt. Ltd. New Delhi.

5. Singh Surendra, Mishra P. D., 2000, Health and Diseases-Dynamics & Dimensions, New Royal Book Company.

Paper-III

Gender, Law & HIV/AIDS

UNIT-1

Gender differences in the manifestation of HIV/AIDS, Gender norms of Masculinity & Femininity, The Position of women in Indian Society: Women's Nutrition, Diet: Life Cycle Approach Parenting among Families Affected by HIV. The epidemiology of HIV/AIDS in women. Social, Economic & Political Factors that increase the Risk for Women. Safe Motherhood & HIV/AIDS.

UNIT-2

Trafficking, abuse and sexual violence against women in India; National/ Regional status and overview, discrimination, Women's health and occupational hazards, Health care services and women's accessibility. Problems of women with special reference to HIV/AIDS, Laws related to the Women.

UNIT-3

Rights of people living with HIV/AIDS, HIV/AIDS related National & International legislation, Advocacy and prevention of STD/HIV/AIDS. Various Judgments regarding HIV/AIDS. Women's Health Network and Organizations: International and National level.

UNIT-4

Role of International & National organization in combating AIDS/HIV: UNHRC, WHO, UNDP & UNICEF. Policies and programmes of Government of India. Role of NACO, SACS & NGOs. International and National bodies on the prevention and control of HIV/AIDS, Human rights and HIV/AIDS.

Books Recommended

1. Pandey S. P., Singh Awadesh Kr. & Pandey Sanjay Kr., 2008, Rehabilitation of Disadvantaged Children and Women Sex Workers, Serials Publications, New Delhi.
2. Satpathy G. C., 2002, AIDS. Transmission Challenges in the New Millennium, Kalpaz Publications, Delhi.
3. Singh Brijbhushan, 2008, Misconception of HIV AIDS, Swastik Publishers & Distributors, Delhi.

4. Lisan Khondon. Singh, Lisan Suchitra, 2009, Nutrition and AIDS, Kalpaz Publications, Delhi.

PAPER-IV

Communication & Counselling in HIV/AIDS

UNIT-1

Communication: concept, types, process. Traditional & Modern Media of Communication. Forms of Communication: Traditional & Non traditional Communication Strategies. Use of media for promoting of HIV & Family Education. Importance & relevance of Information, Education & Communication for HIV/AIDS. IEC Model for HIV/AIDS. Developing communication & Liaison with NGOs working with HIV/AIDS Issues. Community participation in prevention & Care.

UNIT-2

Counselling: meaning, definition, goals, basic skills & objectives of counselling, Process of Counseling, functions of counselling .Types of counseling: Group, Marriage and family. Counselling approaches & techniques: Person centered & Behaviorist approaches, Cognitive & Psychoanalytical approaches. Behaviour change communication. Role and functions of Counsellor.

UNIT-3

HIV/AIDS Counselling: Nature, objective & content. Counselling with special target group: sex workers, truckers, intravenous drug users, Professional and Voluntary blood donors, MSM, Prisoners, Adolescent and women, Counselling issues with pregnant women.

UNIT-4

Integrated Counselling and testing centre (ICTC) and its working, Test for HIV/AIDS. Pre & Post Testing Counselling, Counseling on sexuality & sensitive issues. Myths related to HIV/AIDS. Social taboos. Treatment of HIV/AIDS Substance Abuse through counseling & referral services. PPTCTT and DOT Programme & ART. HIV/AIDS Education & Behavioral Modification.

Books Recommended

1. Rao Digumarti Bhaskara, 2000, HIV/AIDS and Law, Ethics and Human Rights, Discovery Publishing House, New Delhi.
2. Goswami Sambodh, 2007, Female Infanticide and Child Marriage , Rawat Publications, New Dehli.
3. Manoj Suman, 2009, Sandigdhd tatha Madak Dravya Vyasni Balak, Karan, Pahchan, Upchar avam Punarwas, Kanishka Publishers, Distributers, New Delhi.

4. Singh, D.K., Paliwal Saurabh and Misra Rohit : Manav Samaj Sangathan Avam Vighatan Ke Mool Tatva, 2011, Royal Book Company, Lucknow.
5. Singh, D.K. : Samaj Kalyan Prashasan, 2011, Royal Book Company, Lucknow.

Paper-V
Dissertation/ Project Work & Viva-Voce