

**University of Lucknow**  
**Master of Psychology Programme**  
**Regulations 2020**

**1. Applicability**

These regulations shall apply to the Master in Psychology programme from the session 2020- 21.

**2. Minimum Eligibility for admission**

A three/ four year Bachelors degree or equivalent in Arts/ Science/ Commerce awarded by a University or Institute established as per law and recognized as equivalent by this University with minimum percentage marks or equivalent grade, as per the norms of University of Lucknow shall constitute the minimum requirement for admission to the Master in Psychology programme. Reservation benefits to get the admission would be as per the guidelines of the University of Lucknow.

**3. Programme Objectives**

The program is aimed to prepare and nurture students for research and application of psychological knowledge of human cognition, emotions and behaviour. Formation of strong research background and an understanding of scientific researches beneficial for academia, organizations and society from an indigenous perspective is expected after the completion of program. Student would develop not only the theoretical background of the subject but also the knowledge about the practical aspects via exposure to the real life settings and hands on training on psychological concepts. The program will help achieving the goals of National Education Policy 2020.

**4. Programme Outcomes**

There is great scope of choosing Psychology as a career in coming days. After completing PG (CBCS) program, the employability of students will be enhanced. Like they can become teachers in schools/colleges/training centers; child /adolescent counsellors/ clinical psychologists and choose psychology for competitive examinations.

## 5. Specific Programme Outcomes

The program will help the student in developing an understanding about Psychology as a science and enable the use of appropriate research methodology, selection of suitable research design, data collection method and data analysis techniques. This will enable the learner in critical evaluation of information, issues and assumptions. Ethical principles for research and practice will be taught. The student will be able to understand the application of psychology in various fields, i.e. Organisational Behaviour, clinical setting, counseling and psychotherapies, mental health, psychology of work, assessment of personality, intelligence and aptitude. Skills and interventions for positive

behaviour change will also be inculcated. Students, after completing PG program can be a great facilitator of enhancing the strengths and mental health of people who are specifically vulnerable during challenging circumstances like poverty, disease, disability, trauma and pandemic etc. They may be a catalyst for growth and sustainable development of the country and skilled India.

## 6. Course Structure

The degree of Masters in Psychology from University of Lucknow shall be conferred on the students who have pursued the prescribed programme of the study and have cleared **96 credits** as prescribed under the relevant Ordinances. The entire PG Programme shall be spread over four semesters (24 credits) and each semester shall consist of **16 weeks for studies** and **2 weeks for examination**. In addition there shall be **Internship of four weeks between the second and third semester**. The pedagogy adopted shall be of combination of Lectures, Tutorials, Seminar presentations, use of Audio-Visual Aids, Practical, Dissertation work and Internship

The course structure of the Master in Psychology programme is as under:

**Department of Psychology**  
**University of Lucknow**  
**Syllabus for M.A Psychology Program**  
**(Proposed to be implemented from July 2020)**

Course No.	Paper No.	Name of the Course	Credit	Course Type
		<b>Semester I</b>		
PSYCC-101	1	Cognitive Psychology	04	Core Course
PSYCC-102	2	Motivation& Emotion: Nature, Classification andManagement	04	Core Course
PSYCC-103	3	Personality Growth: Approaches and Assessment	04	Core Course
PSYCC-104	4	Principles of Research	04	Core Course
PSYCC-105	5	Practical	04	Core Course
PSYVC-101	6	Performance AnxietyManagement	04	Value added course(Credited)
		<b>Semester Total</b>	<b>24</b>	
		<b>Semester II</b>		
PSYCC-201	7	Personality Growth in Indian Perspective	04	Core Course
PSYCC-202	8	Research Design: Quantitative & Qualitative	04	Core Course
PSYCC-203	9	Clinical Psychology: Diagnosis & Assessment	04	Core Course
PSYCC-204	10	Organizational Psychology: Theory, Structure &Behavior	04	Core Course
PSYCC-205	11	Practical	04	Core Course
PSYCC-206	12	Broadening Positive Emotions	04	Core Course
PSYVNC- 201	13	Social Inclusion of LGBT Community	00	Value added Course, (Non Credited)
		<b>Semester Total</b>	<b>24</b>	
		<b>Semester III</b>		
PSYCC-301	14	Positive Psychology: Human Strengths and Virtues	04	Core Course/MOOCs
PSYCC-302	15	Practical	04	Core Course
PSYEL-301A	16	Clinical Psychology: Therapies	04	Elective Course
PSYEL-301B		Work Psychology		
PSYEL-302A	17	Forensic Psychology	04	

PSYEL-302B		Enhancing Life Skills		Elective Course
PSYIN-301	18	Internship	04	Summer Internship
PSYIER-301	19	Self Enhancement for Personality Growth and Well Being	04	Inter Departmental Course
		<b>Semester Total</b>	<b>24</b>	
		<b>Semester IV</b>		
PSYCC-401	20	Practical	04	Core Course
PSYEL-401A	21	Building Positive Environment through Counselling and Psychotherapy	04	Elective Course
PSYEL-401B		Successful Aging		
PSYEL-402A	22	Mental Health: Rehabilitation and Interventions	04	Elective Course
PSYEL-402B		Neuropsychology		
PSYMT-401	23	Dissertation	08	Master Thesis
PSYIRA-401	24	Happiness for Positive Living	04	Intradepartmental Course
		<b>Semester Total</b>	<b>24</b>	
		<b>GRAND TOTAL</b>	<b>96</b>	

**PSY – Subject; PSYCC – Core Course; PSYVC – Value added course (Credited); PSYVNC - Value added course (Non Credited); PSYEL – Elective; PSYIER – Interdepartmental Course;**

**PSYIRA - Intradepartmental Course**