

Dr. Archana Shukla



PERSONAL DETAILS

Name : Dr. Archana Shukla
Date of Birth : 23-05-1973
Husband's Name : Kshitish Shukla
Designation : Associate Professor and Head (joined the department in 2005)
Institute : Department of Psychology, University of Lucknow, Lucknow.
Present Address : 8, Professor flat, Babu Ganj, Faizabad Road, Lucknow – 226022
Permanent Address : 305/4 Vikas Nagar, Lucknow.
Mobile : 9454670463, 8960000860
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SUMMARY OF QUALIFICATIONS

- I.C.S.E (X) from **La Martini ere Girls' College**, Lucknow in 1990 with **First division**
- Intermediate from **I.T College**, in 1992 with **First division**
- Bachelor of Arts. from **University of Lucknow** in 1995 with **First division**
- Master of Arts from **University of Lucknow** in 1997 with **First division**
- Qualified UGC **JRF** from University of Lucknow in 1997 in **First attempt**.
- Ph.D from University of Lucknow awarded in 2003 Topic: **Leprosy Patient: A Personality Profile**.

RECENT ACHIEVEMENTS

1. Resource person in **Army HQ Central Comd (Edn)** Lucknow for the “Career Testing Guidance and Counselling” from March 2020 to March 2021
2. **Programme Co ordinator** of Grabh Sanskar program, Initiated by Honorable Chancellor, Annadiben Patel, **Governor of Uttar Pradesh**,2020.
3. Social scientist and **Member of Ethical Committee**, Vivekanand Hospital (under Ram krishna Mission) Lucknow.
4. **Head**, Department of Psychology, University of Lucknow
5. **Co Ordinator**, Institute of Women’s Studies, University of Lucknow.
6. **Editorial Board Member** with Bio Accent Group at Wilmington, USA
7. **Member of Associate Editor/ Peer Reviewer** of Mind And Society.
8. **Psychologist and Co Investigator** in project ‘A Comprehensive Interventional Study on Management of Autism Spectrum Disorder and Registry of ASD Cases’ a project submitted in International Collaboration to Department of Biotechnology, Ministry of Science and Technology, Government of India.
9. Was instrumental in getting **MOU** signed between 112 UP Police and University of Lucknow, as program Co Ordinator of *ManSamVad* (online counseling of Police Personnel in distress)

AREA OF SPECIALIZATION

- Presently working in the area of Applied Social Psychology, deviant and **LGBT** (lesbian, gay, bisexual and transgender) population and with special emphasis on action research, developing Counseling\ Intervention packages.
- 15 years of extensive experience in research. **Eight PhD. awarded** and four are ongoing.

RESEARCH PUBLICATIONS = 55

1. Shukla A. and Fatima A. (2021) **Perception of self among Transgender**. International Journal of Psychosocial Research A Peer Reviewed Journal vol-10 (2) No- 2 July 2021

2. Shukla A and Yadav V. (2021) **Spirituality and Personality: Drawing Parallels** International Peer Reviewed and Refereed Journal Vol-15 No-2 March 2021.
3. Shukla. A (2021) **Life Satisfaction in Priesthood: An Inter-Religious Study.** The international journal of Indian psychology, Vol-9 issue 1 Jan- March, ISSN- 2348-5396 (E) and (P) 2349-3429.
4. Shukla. A. and Zaidi. T. (2020) **Forgiveness among Adolescents Girls living in Shelter Homes** International Journal of Scientific and Research Publications Vol- 10 Issue 8 ISSN -2250-3153.
5. Shukla A., Fatima A., Singh A (2020) **Understanding effect of Social Media on Aggression among Youth** peer reviewed journal Asian Resonance Multidisciplinary International Research Journal- Vol-9 issue-4 oct- 2020, ISSN (P) 09768602 ISSN (E) 23499443.
6. Singh S. and Shukla A. (2020) **Optimism and Quality of life as Predictors of Wellness among Institutionalized Elderly** Periodic Research Multidisciplinary Peer Reviewed International Research Journal ISSN (P) 2231-0045 ISSN (E) 23499435 Vol-9 issue-1 August -2020.Pg no. 43-47.
7. Shukla A and Srivastava S (2020) **Personality correlates of Job Motivation Among Managers of Telecom Sector: A correlational study.** Research discourse An International peer reviewed refereed research journal ISSN – 2277-2014 Year X No. II April –June 2020.
8. Shukla A and Singh S. (2020) **Self – regulation, Locus of Control in Relation to Emotional Intelligence of Young Adults.** Research discourse An International peer reviewed refereed research journal ISSN – 2277-2014 Year X No. II April –June 2020.
9. Shukla A. and Mehrotra D. (2020) **School Environment: Perception of Female Students of Senior Secondary Schools,** Srinkhla Ek Shodhparak vaicharik Patrika, A Multi-Disciplinary International Peer Reviewed Journal. ISSN (P) 2321-290X (E) 2349- 980X Vol-8 Issue -1 Sept-2020.
10. Shukla A. and Yadav V. (2020) **Personality Correlates of Spirituality Among the Elderly** Innovation the Research Concept peer reviewed multi- disciplinary bilingual International Journal. Vol-5 issue -7. ISSN – 2456-5474.
11. Shukla A and Krishna A. (2020) **Self-perception among MSM (Men sex with Men)** Remarking an Analisation Multidisciplinary International Peer Reviewed Journal Vol- 5 Issue – 6 Sept- 2020 ISSN- (E) 2455-0817 (P) 2394-0344.

12. Shukla, A. and Mehrotra D. (2020) **School environment: Perception of Female Students of Senior Secondary Schools.** Journal of Indian Health psychology, international peer reviewed and refereed journal Vol-15, Issue-1 (pg no. 80-90). ISSN NO. 0973-5755. Impact factor 2.1223
13. Shukla, A. (2020). **Religiosity and Locus of Control as Related to Happiness among Young Adults.** Shikshan Sanshodhan, Peer Reviewed, Indexed Journal. Vol.3, Issue-6, Nov-Dec,2020
14. Shukla, A. Vimla and Sen T. (2019) **Self Image among Adolescents.** Research Discourse An International peer-reviewed Refereed Research Journal Vol. 9, No- 4, October – December, 2019
15. Shukla, A. and Vimla. (2019). **Aggression among youth: A Gender Study** Shrinkhala Ek Shodhparak Vaicharik Patrika Peer reviewed and refereed journal Vol. 5, Issue -5 ISSN (p) -2321-290X (E) 2349-980X.
16. Shukla, A. and Vimla (2019) **Quality of life among youth: A gender study** Remarking An Analisation Peer reviewed and refereed journal. Vol. 3 Issue- 10 ISSN- (e) 2455-0817 (p) 2394-0344
17. Shukla, A. and Singh J. (2018) **Domestic violence against females in India: A rural Perspective** approved by UGC, J (48923) ISSN: 2348-4624 Sodh Mimansa an International refereed research journal.
18. Shukla, A. and Pandey. S (2018). **Stress in Parents of Children with Intellectual Disability** Remarking and analisation Vol. 3 Issue -7 (e) 2455-0817 (p) 2394-0344.
19. Shukla, A., Singh S. and Singh S. (2018) **Personality Correlates of Depression among Undergraduate Students** UGC Approved ISSN 2277-2014 Vol. VIII Research discourse an international refereed research journal.
20. Srivastav, S. and Shukla, A., (2018) **Psychosocial and Environmental Problems among MSM Population**, remarking and analyzation, Peer- reviewed refereed journal, UGC Listed No. 40827, Impact factor SJIF-5.879, GIF.543, IJIF-6.134. ISSN (e)2455-0817, ISSN (P) 2394-0344. Pg. 62 to 67.
21. Shukla, A. Pandey. S. (2018) **Stress in Parents of Intellectually Disabled children: A Study of a District of Uttar Pradesh** Recent advances in Psychology an International Journal. ISSN- 2395-5465 vol-5 Issue-1.pg104-110
22. Shukla, A. and Mehrotra, D. (2018) **Relational World of Transgender** International Journal of Social Sciences review, Vol-6 issue -1.pg no. 180-185

23. Singh, S. and Shukla, A. (2017) **Wellness does it exist in Institutionalized Homes?** Research Discourse an international refereed research journal approved by UGC Year – VII, No. II ISSN – 2277-2014. Impact factor 2.471.
24. Shukla, A. and Yadav, N. (2017). **Self-Perception of the Female Sex Workers** International Journal of Social Sciences ISSN- 2347-3797 vol-5 issue 2.
25. Shukla, A. and Zaidi, T. (2016). **Impact of Fasting on Altruism and Self-Regulation Among Young Muslim Females** Indian Journal of Positive Psychology, ISSN- p-2229-4937 e-2321-368x vol-7 issue-10. pg. no.439-441
26. Shukla, A. and Dixit, T. (2016) **Problem Solving Ability among Adolescents: A Gender study** Indian Journal of Psychology and Education ISSN-2231-1432 Vol-6.
27. Shukla, A. and Pandey, S. (2016). **Perceived self: A cross religion Perspective** Indian Journal of Psychology and Education Vol.6, No.1 ISSN-2231-1432.
28. Shukla, A. and Mehrotra, D. (2015) **HIV/ AIDS Awareness among Female Sex Workers.** The International Journal of Indian Psychology Vol-2, Issue 4 No. 1 ISSN 2348-5396 (e) ISSN 2349-3429 (p) Impact factor 4.50.
29. Shukla, A. and Srivastava, S. (2015) **Relational Dynamics of MSM Population,** The International Journal of Indian Psychology Vol-2, Issue 4 No. 1 Impact factor 4.50.
30. Shukla, A. and Srivastava, S. (2015) **Personality Correlates of MSM Population** International Journal of Psychology and Education ISSN: 2321-8606.
31. Shukla, A. and Mehrotra, D. (2015) **A Search for Reality: X A Schizophrenic Patient** International Journal of Psychology and Education ISSN: 2321-8606 vol-2 issue-11.
32. Shukla, A. and Pandey, S (2015). **Perceived Self Other Relatedness: A Cross Religion Perspective** International Journal of Yoga and Allied Sciences Vol-4, Issue 2 (p.g. 103-109) ISSN 2278-5153.
33. Shukla, A. and Mehrotra, D. (2015). **Background Characteristics of Female Sex Workers** International Journal of Yoga and Allied Sciences Vol-4, Issue 1 (p.g. 34-40) ISSN 2278-5153.
34. Shukla, A. and Dixit, T. (2015) **Interpersonal Communication Among Adolescents** Journal of Psychosocial Research. Vol.10, No.2, 327-336. ISSN 0973-5410 e-ISSN - 0976-3937 p-ISSN – 0973-5410 pg. 159-165 ISSN 2348-5396 (e) ISSN 2349-3429 (p) Impact factor 4.50.

35. Shukla, A. and Singh, S (2015) **Relational World of MSM (men-sex-with-men)** Journal of Indian Health Psychology, Refereed journal. ISSN. 0973-5755 Vol- 9 No. 2 pg:125-131.
36. Shukla, A. and Singh, N. (2015) **Quality of Life and Coping Resources among the Parents of Intellectually Challenged Children** Journal of Psychosocial Research, Vol. 10, No.1, p-ISSN 0973-5410 e-ISSN 0976-3937.
37. Shukla, A. and Singh, S (2014). **Perceived Self of Institutionalized Elderly: A Gender Study.** Journal of Psychosocial Research Vol-9, No.2 (p.g. 329-336) ISSN 0973-5410 e-ISSN - 0976-3937 p-ISSN – 0973-5410
38. Singh, S and Shukla, A. (Oct. 2014). **Optimism among an Institutionalized Elderly: A Gender Study.** Indian Journal of Health & Wellbeing. Vol-5, Issue 10, Pg. 1198-1200 ISSN – 2229-5356.
39. Shukla, A. and Mehrotra, D (Oct. 2014). **Quality of Life among Female Sex Workers.** Indian Journal of Health & Wellbeing. Vol-5, Issue 10, pg. 1222-1224. ISSN – 2229-5356
40. Shukla, A. (2014). **Object Relations of M: A leprosy Patient.** Indian Journal of Health & Wellbeing. Vol-5, Issue 11, pg. 1391-1394. ISSN – 2229-5356.
41. Shukla, A. and Fatima, A. (2013) **Perception of self across gender among the managers of telecom sector. Indian Journal of Health and Wellbeing.** ISSN 2229-5356 vol-4, issue-1.pg.no.125-128
42. Shukla, A. and Singh, N. (2012). **Self-other relatedness among Alcoholics.** Indian Journal of Health & Wellbeing. Vol-3, Issue 2, pg. 535-537. ISSN – 2229-5356.
43. Shukla, A. & Zaidi. D. (2012). **Self-Image of Slum Adolescent Girls** Indian Journal of Community Psychology. Vol-8, Issue 1, pg.48-52. ISSN-0974-2719.
44. Shukla A. & Pathak, S. (2012) **Exploring Background Characteristics of Institutionalized Elderly-** Journal of Psychological Research pg. 14-16 ISSN-0973-5410.
45. Shukla, A. (2011). **Psychological coping in leprosy patients.** Indian Journal of Health & Wellbeing. Vol-2, Issue 1, pg. 256-258. ISSN – 2229-5356.
46. Shukla, A. & Pathak, S. (2011) **Coping with Loneliness in Institutionalized Elderly.** Indian Journal of Community Psychology. Vol-7, Issue 11, pg.284-288. ISSN-0974-2719.
47. Shukla, A. and Pathak, S. (2011) **Attitude towards Homosexuality: A Gender Study.** Indian Journal of Health & Wellbeing. Vol-2, Issue 1 p.g.130-131 ISSN – 2229-5356.

48. Shukla, A. & Chauhan, S (2011) **Quality of Life Among Elderly: A Gender Study.** Indian Journal of Health & Wellbeing. Vol-2, Issue 1 pg.187-189 ISSN – 2229-5356.
49. Shukla, A. & Gupta, P. (2011) **Social Support Influencing Life Satisfaction and General Wellbeing of poor loading laborers.** Behavioural Scientists. Vol-12 No. 1 pg. 45-49 ISSN – 0972-5911.
50. Shukla, A. (2007) **Leprosy patients: Self in relation to others** Behavioural Scientist, council of Behavioural scientists. ISSN- 0972-5911. Vol-8 No.-1.
51. Shukla, A. (2007) **Perceived Self Other Relatedness in Leprosy patients.** Journal of Community, Guidance and Research. Vol-24, No.3 pg. 271-281.ISSN-0970-1346
52. Shukla, A. (2007). **Leprosy Patients: Life Scripts and life Positions.** Journal of Psychological Research. Vol-2, No. 1 pg. 31-36. ISSN – 0973-5410
53. Shukla, A. (2007). **Leprosy Patients; Self other Relatedness.** Journal of Psychological Research. Vol-12, No. 1 pg. 61-66. ISSN – 0973-5410.
54. Shukla, A. (2006). **Exploring Background Characteristics of leprosy Patients.** Journal of Psychological Research. Vol-1, No. 2 (pg.113-120). ISSN – 0973-5410.
55. Shukla, A. (2006). **Perceived Causes and Reactions to Diagnosis of leprosy.** Journal of Personality and Clinical Studies. Vol-22, No. 1-2 (p.g.51-58). ISSN – 0970-1206.

RESEARCH PUBLICATIONS CHAPTERS IN BOOKS AND PUBLISHED BOOK

Published Chapter in a books = 12

1. Shukla, A. et.al. (2021) **A Psychological Perspective on online Education: An Aftermath of the Pandemic.** Published in COVID-19 IN INDIA Problems, Challenges and Strategies, Global Vision Publishing House.
2. Shukla, A and Singh, P. (2021). **Role of GABA Levels in Stress Management.** In Effectiveness of Yoga and Music in Stress Management edited by Agrawal and Saini (2021). Britain Book Company. England.UK ISBN no. 978-1-83849695-0-0.
3. Fatima, A. and Shukla, A., (2020). **Mental Health Issues among Adolescents during Covid-19.** In Covid-19 Biopsychosocial perspectives edited by Zaidi et al 2020. Progressive Publications. ISBN No. 9-788194-159247.

4. Shukla, A. and Vimla (2020) **Online Kakshaao Ka Vidharthio Par Manovaigyanik Prabhav: Awsar Ya Aapda.** In Lockdown Paschad Bhartiya Paridrashya (Aapda Ya Awsar) edited by Verma and Chaturvedi (2020). Anu books publishers. ISBN : 978-81-94722-44-1.
5. Fatima. A. and. Shukla. A (2020) **Personality correlates of Good Health.** In Health Care Challenges in India: Psychosocial perspective, edited by Srivastava a Sharma (2020) Global Vision Publishing House ISBN – 978-81-944023-2-9.
6. Singh. S Shukla. A. (2020). **Promoting Well –Being Among Institutionalized elderly.** In Promoting psychological well-being edited by Agrawal, 2020.Aavishkar Publishers. Distributers ISBN no- 978-81-942456-6-7.pg no. 55-66.
7. Fatima. A and Shukla. A. (2020). **Enhancing Job motivation and Well Being among Armed Forced Personal.** In Promoting psychological well-being edited by Agrawal. Aavishkar publishers. Distributers ISBN no- 97881942456-6-7.pg no. 140-150.
8. Mishra. S. and Shukla. A. (2020). **Relationship of Occupational Stress, Organizational Health and Psychological Well Being with Organizational Commitment.** In Promoting Psychological Well-Being edited by Agrawal. Aavishkar Publishers. Distributers ISBN no- 97881942456-6-7.pg no. 180-193.
9. Shukla. A. and Mehrotra. D. (2017) **Paid for Life: Relational World of Female Sex Workers.** In Mental health Psychosocial Perspective edited by Shukla and Dubey (2017). Concept publishing company, New Delhi ISBN no.-978-93-5125-169-9 vol.2. pg no. 249-266.
10. Shukla. A and Pandey. S.(2017). Of Parent **Cognitive Behavioural Approach for Managing Stress with Intellectually Disabled Child: A Case Report.** In CBT in Indian Context edited by Kumar et.al 2017.IAHRW Publications Gurugram and Haryana, ISBN-978-81-933-3830-8.pg no. 137-144.
11. Shukla. A. and Singh S. 2015 **Wellness Among Elderly: A Study in Institutionalized Homes.** In Mental Health: Psychosocial Perspectives edited by Shukla and Dubey 2017. Concept publishing company, New Delhi. ISBN no.-978-93-5125-173-6 vol.III.pg no. 211-220.
12. Shukla. A. and Singh N. (2013). **Assessing Quality of Life among the parents of Intellectually Challenged Children.** In New perspectives of Mental Disorders edited by

Srivastava and Kant ,2013. Sarup Book Publishers pvt. limited. New Delhi, ISBN - 978-81-7625-910-1.pg no. 359-368.

PUBLISHED BOOKS = 4

1. Shukla A. and Fatima. (2021) **Let's Talk Gender A Multifaceted Approach**. Published by Rudra Publishers & Distributors, New Delhi. ISBN-
2. Shukla, A. and Fatima, A. (2021), **Personality Growth: Western and Eastern Reflections**", BUUKS Publication Chennai (Tamil Nadu), International Publication with Kindle Version. ISBN:9789390976478
3. Shukla. A. (2021). **Garbh Sanskar A pilgrimage Within**. Published by BUUKS publication Chennai, Tamil Nadu India. International Publication with Kindle Version. ISBN – 13:978-93-90507-53-5 and ISBN 10:93-90507-53-7
4. Fatima A. and Shukla.A (2018). **A Job Motivation: Role of Personality in Organizations**. Anu Books New Delhi, ISBN 978-93 -87922-00-0.

RESEARCH GUIDANCE

PHD DEGREE AWARDED

- 1 Optimism, Social Support and Coping Strategies as predictor of Quality of life Among Men who have Sex with Men (MSM) – Saurabh Srivastava(2021)
- 2 Psychosocial correlates of Quality of life and Aggression among youth – Vimla (2021)
- 3 Empowering Adolescents with Life Skills: An Action Research – Tanya Dixit (2020).
- 4 Empowering Parents of Children with Intellectual Disability: An Action Research – Shivani Pandey (2019)
- 5 Stress and coping strategies in the Parents of Intellectually Challenged Children – Neha Singh (2015)
- 6 Wellness among elderly – Shilpa Singh (2014)

- 7 Organizational health, social support and and occupational stress as predictors of organizational commitment – Swati Mishra (2014)
- 8 Personality correlates of job motivation among managers of telecom sector – Amreen Fatima (2014) (received **Gurudevi gold medal for best thesis in humanities (2014-15)** at University of Lucknow).

ONGOING THESIS

1. Psychosocial correlates of Flourishing among Revenue Personnel – Garima Singh (UGC-JRF).
2. Reducing Procrastination among Adolescent Students – Jaya Mishra
3. A study of Strengthening Mother Foetus Bonding through Garbh Sanskar – Pragya Verma
4. Anger Management through Self Regulation among University Students – Niharika Shukla

Delivered Lecture as Resource Person = 57

1. Special lecture on It's time to change: Advancing Sexual and Reproductive Health and Rights of Women in the new global era on 2 December, 2021.
2. Special lecture on Mental Health Issues of Women across Life Span by Divya Karuna organization on 10 October 2021
3. Special lecture on understanding Menopause Instagram live with Beyond word on 17 October 2021.
4. Special lecture on **Atmahatya Rasta Nahi Zindagi Hai Anmol** organized by Yugwani Prasar Bharti All India Radio On 10 September 2021
5. Special lecture on **Gender Sensitization** organized by Divya Karuna Organization on 29 July 2021.

6. Delivered a talk as a Resource Person on **A Psychological Perspective on Online Education: An Aftermath of the Pandemic**, UGC HRD, Academic Staff College, Lucknow, held on 18 March,2021
7. Delivered a talk as a Resource Person on **A Psychological Perspective on Online Education: An Aftermath of the Pandemic**, AMITY University, Rajasthan, held on 09 May ,2021
8. Delivered a talk as a Resource Person on **A Psychological Perspective on Online Education: An Aftermath of the Pandemic** on 17 February 2021 organized by UGC center For Women studies, University College of Social Sciences and Humanities Mohanlal Sukhadiya University, Udaipur, Rajasthan
9. Guest speaker on **Mental Health and Gender sensitization Issues** under Mission Shakti organized by Nari Shiksha Niketan PG College Lucknow on 30 January 2021.
10. Delivered a talk on the topic **Mental Health Issues Among Women Across Lifespan** on 9th March 2021 on the occasion of International Women's Day Organized by NABARD in Governor House.
11. Delivered an expert lecture on **Promoting Mental Health and Well Being amid Covid-19** in Covid-19 mental health awareness webinar series on 26 May 2021 organized by Indian Mental Health and Research center.
12. Delivered a lecture on **Happiness and Age** on 17th March 2021 in Seven days faculty development program: Happiness Research Methodology Organized by UGC-HRDC and Dept of Psychology from 15th to 21st March 2021.
13. Delivered a lecture on **Gender Sensitization** in National webinar on Various Gender issues: Challenges, Solutions and Resolution on 30th December 2020, organized by Faculty of education, Swami Vivekanand, Subharti University, Meerut, UP.
14. Delivered a talk as a Resource Person on **A Psychological Perspective on Online Education: An Aftermath of the Pandemic** on 21 May 2021 organized by UGC center

For Women studies, University College of Social Sciences and Humanities Mohanlal Sukhadiya University, Udaipur, Rajasthan.

15. Delivered lecture on inculcating **Gender Sensitization among Youth to Cope Gender Violence** organized by A.N.D. teachers training P.G. College, District Sitapur on 21st October, 2020.
16. Delivered lecture on **Gender Equality** organized by Lovely Professional University, Phagwara Panjab on 9th October, 2020.
17. Delivered a lecture on **Sufism: An Evolutionary perspective** in the four- day UGC- NET Webinar on 12th June, 2020 at Department of Psychology, University of Lucknow, Lucknow.
18. Delivered an online lecture on **Stress Management: during and post pandemic phase of covid-19** on the date of 12th July, 2020 organized by A.N.D. Teacher's Training (P.G.) College Sitapur, Uttar Pradesh.
19. Delivered an online lecture on **Inculcating Gender Sensitization among Youth to Cope Gender Violence** on the date 20 October, 2020 organized by A.N.D. Teacher's Training (P.G.) College Sitapur, Uttar Pradesh.
20. Delivered a lecture on **Gender sensitization issues and challenges in 21st century** Kr. R.C Mahila Degree college, Mainpuri Agra, on 27 September 2020.
21. Delivered lecture and taken a session on World Suicide Prevention Day on the topic **Suicide Prevention Winning the Battle Within** on 10th September 2020 the program was organized by department of Psychology, University of Lucknow. Lucknow.
22. Resource person on the topic **Stress management** organized by Guru Dakshata, UGC-HRDC, university of Lucknow on 13 October 2020.
23. Resource person on the topic **Gender sensitization** organized by Guru Dakshata, UGC-HRDC, university of Lucknow on 15 October 2020.

24. Key speaker in Interactive session on **Positive Psychology and Student Well Being** organized by Shri Ram Swaroop Memorial University Lucknow on 27th October 2020.
25. Guest speaker on **Gender Sensitization** under Mission Shakti Awareness Program conducted by Woman Grievance and welfare Cell, 23 October 2020, Dr. ram Manohar Lohia Awadh University, Ayodhya, UP.
26. Delivered a lecture under the topic **Psychology, Management and Ethics** in ASC RPF Probationers syllabus, organized by Jagjeevan Ram Railway Suraksha Bal Academy, Kendriya Prasikshan Sansthan, Bharat Sarkar Rail Mantralya, Tal Katora Road Lucknow on 14 June 2019.
27. Delivered a lecture in the seven days training workshop on Skill Building and Psychotherapies from 22nd -29th May, 2019 organized by Department of Psychology, University of Lucknow, Lucknow and taken a session on **Gender Sensitivity** on 23rd May, 2019.
28. Delivered a lecture and taken session in NIPCCD, Lucknow on the topic of **Stages and Skills of counseling** on the date of 18 September, 2019.
29. Delivered a lecture and taken session in NIPCCD, Lucknow on the topic of “**Samvayask kishoro ko samajhna evam sambandhit samasyayo ka nidan**” on the date of 8th August, 2019.
30. Delivered a lecture on **Psychology behind Sexual Harassment of Women at Work Place and how to stop it** at Prashar Bharti, Bharat ka Lok Prasarak, Akashvaadi : Lucknow on the date of 28 January,2019 in the workshop 18th Vidhan Sabha Marg, Lucknow.
31. Delivered a lecture on the topic of **Samwayask kishore awasth ko samajhna ewam samabandhit samasyao ka nidan** on the date of 8th August, 2019 organized by NIPCCD, Lucknow.
32. Delivered a lecture on the topic of **Contemporary adolescents and their Behavioral issues** on the date of 8 November 2019 organized by NIPCCD, Lucknow.

33. Delivered a Taken session in NIPCCD, Lucknow on the topic of **Understanding Adolescents: Issues, challenges and Management** on the date of 21st May 2019.
34. Delivered a lecture on the topic of **Samvyask Kishore Ko Samajhna** on the date of 16 October, 2018 organized by NIPCCD, Lucknow.
35. Delivered a lecture on **Interpersonal Communication and Negotiation skills in counseling** on the date of 11th June, 2018 organized by NIPCCD, Lucknow.
36. Delivered a Lecture on the topic of **Counselling of Children having behavioral, Emotional Problems and Victims of Sexual abuse in CCIs** organized by NIPCCD, Lucknow on the date of 20th June, 2018.
37. Delivered a Lecture on the topic of **Samvyask Kishoro Ko Samajhna** on the date of 13th September, 2018 organized by NIPCCD, Lucknow.
38. Delivered a Lecture on the topic of **Samvayask Kshoro Ko Samajhna** on the date on 29th August, 2018 organized by NIPCCD, Lucknow.
39. Delivered a lecture on the topic of **Counselling of Children having behavioural emotional problems and victims of sexual abuse of CCIs** on the date of 20th June 2018.
40. Delivered a lecture and taken a session on **Psychosocial Rehabilitation (PSR)** on December 13th, 2018 organized by director, Counseling and Placement Cell, University of Lucknow, Lucknow.
41. Taken session in NIPPCD, Lucknow on the topic of **Counseling of Adolescents- Techniques and field-based situations with references to Voluntary Organization** on the date of 27th November, 2018.
42. Delivered a lecture on **Hypothesis Concept and types of Hypothesis, Formulation of Hypothesis, Testing of Hypothesis** on 21st March, 2017 in 10 days ICSSR, New Delhi, Sponsored workshop on Research Methodology course for Ph.D Students in Social Science (20 March- 29th March, 2017) Organized by Department of Education, University of Lucknow, Lucknow.

43. Delivered a lecture and taken a session for exchange of ideas and concepts with the participants of orientation program in measurement and evaluation in education and Psychology on the topic of **Construction of Attitude scale** at Bhartiya Shiksha Shodh Sansthan Saraswati Kunj, Nirala Nagar, Lucknow in the date of 21st November, 2017.
44. Delivered a lecture on the topic of **Samvayask kishore ko samajhna** on the date of 8 November, 2017 organized by NIPCCD, Lucknow.
45. Delivered a lecture on the topic of **Samvayask kishore ko samajhna** on the date of 13th September, 2017 organized by NIPCCD, Lucknow.
46. Delivered Lectures on the topics on **Structure and functions of Tactual Senses, Cognitive Map, Sternberg's Theory of intelligence** in the Workshop of Psychological Constructs for college teachers organized by Department of Psychology, University of Lucknow, Lucknow on 7th and 8th November, 2016.
47. Delivered a Lecture on **Rosenweig Picture Frustration Study** as part of Psychological Test Skill Impairment series organized by in Department Psychology, University of Lucknow, Lucknow on 30th August, 2016.
48. Delivered a Lecture on **Concept and Characteristics of Mental Health** on World Mental Health Day Organized by department of Psychology, University of Lucknow, Lucknow on 10th October, 2015.
49. Delivered a Lecture on **Prisoners of the Past: Memories of Trauma on Suicide Prevention** program organized by department of Psychology, University of Lucknow, Lucknow on 10th September, 2015.
50. Delivered a lecture on **Mansik Tanav Prabandhan** at the office of the Indo- Tibetan Border Police Force, Jankipuram, Lucknow on the date of 9th June, 2015.
51. Delivered a lecture on **Baal Vayavhar ke vibhinn sidhhant** on 11 August, 2012 organized by Kishore Nyay Adhinyam, Pradesh mein sanchalit graho k karmachariyo Ka prasikshan.
52. Delivered a lecture on **Stress Management** organized by Gurudakhsta (Faculty induction program) UGC HRD center University of Lucknow on 13th October.

53. Delivered a lecture on **Gender sensitization** organized by Gurudakhsta (Faculty induction program) UGC HRD center university of Lucknow on 15th October.
54. Delivered a lecture on the topic of **Alcoholism and Its Effect on Children** in the workshop organized by Disha drug De-addiction cum rehabilitation center, Lucknow in collaboration with Narcotic control Bureau, Ministry of home affair, Govt. of India on 26th June, 2013 on UN Day Against Drug Abuse and Illicit Trafficking” in Uma Nath Bali Prekshagrah Kaiserbagh, Lucknow.
55. Delivered **16 lectures and sessions** during various training programs organized by GFATM- 7, Saksham for HIV counselors between 2009 to 2014 at Department of Psychology, University of Lucknow, Lucknow.
56. Delivered a lecture and taken a session of exchange of ideas and concepts with participants the short-term professional development course in personality development on the topic of **Issues in Personality Development** on the date of 26th October, 2013 organized by UGC-academic staff college, University of Lucknow, Lucknow.
57. Delivered a lecture in a workshop on **Personality development** was conducted by Door darshan training institute, Lucknow a lecture delivered on the topic of techniques of Personality Development on 20th December, 2012 organized by Prashar Bharti, Ashok Marg Lucknow.

EXTERNAL EXAMINER/ SUBJECT EXPERT/ PAPER SETTER = 29

1. Vice Chancellor Nominee at Selection Committee of Sitaram Singh Mahavidyalaya in Dr. Ram Manohar Lohia Awadh University on 26.09.2020.
2. As subject expert in selection committee of Assistant Professors in Buddham Sharnam Mahavidyalaya affiliated to Veer Bahadur Purvanchal University, Jaunpur on 21st October, 2020
3. Social Scientist in Institutional Ethics Committee at Vivekanand polyclinic and Institute of Medical Sciences Lucknow from 23.11.2020 for a term of 5 years.

4. External Examiner of the B.A, Second year at Gokuldas Hindu Girls College, Muradabad on the date of 24th Dec, 2019.
5. Psychologist, member in the panel of Uttar Pradesh police recruitment board from 2nd January, 2015 to 07th January, 2017
6. Nominated as Subject expert in Selection Committee held at NIPCCD (National Institute of Public Cooperation and Child Development under Ministry of women and Child Development, Government of India on 17 August 2018
7. As external guest to select students of MA counseling Psychology, MA clinical Psychology, PGDCP, BA (H) Applied Psychology and M.Phil child and adolescents Psychology session 2017-18 on the date of 8th April, 2017.
8. Subject expert in selection committee of Assistant professor in Swami Jaydev Yogiraj MAhavidyalaya, Muzaffar Pur Sahajahan Pur, Mahatama Jyotiba Phule Ruhelkhand University, Bareli on the date of 29th May, 2017.
9. Invited as external examiner of B.A II at Deen Dayal Gorakhpur Viswavidyalaya, Gorakhpur in the session of 2017-18.
10. As paper setter for Ph.D entrance exam (RET-2017) of Mahatama Jyotiba Phule Ruhelkhand, Vishwavidyalaya, Bareli.
11. Subject expert in selection committee of Assistant professor in M.L.J. Degree college Hasanpur, Amroha Mahatama Jyotiba Phule Ruhelkhand University, Bareli on the date of 17th June, 2017.
12. Participated as subject expert as interviewer at Mahatama Jyotiba Phule Ruhelkhand, Vishwavidyalaya, Bareli on the date of 30th June, 2017.
13. Subject expert in selection committee of Assistant professor in Maya Devi Seeta Ram Mahavidyalaya Sambhal Muzaffar Pur Sahajahan Pur, Mahatama Jyotiba Phule Ruhelkhand University, Bareli on the date of 30th June, 2017.
14. Worked as Part-time academic counselor for MAPC programme for course MAPC: MPC6, MAPC: MPCE, MAPC: MPCE12, MAPC: MPCE13, MAPC: MPCE 14 during 2016 to 2017.

15. Expert in recruitment board at U P police Head Quarter, Allahabad on 18th March, 2016.
16. As external examiner to conduct the viva – voce examination (Case study) of B.A. (H) applied psychology, semester IV and viva- voce examination (Field work) of P.G. Diploma (counseling Psychology), Semester II to be held on 11th May, 2015 at Amity institute of Behavioral and allied sciences, Amity university, Uttar Pradesh, Lucknow campus.
17. Regarding judgement of events for wildlife week celebration (1st – 7th October) 2015 at regional science city Aliganj, Lucknow participated as judge of the event of Slogan writing on 4th October.
18. Regarding judgement of events for wildlife week celebration (1st – 7th October) 2015 at regional science city Aliganj, Lucknow participated as judge of the event of Poem (Hindi) on 2th October.
19. As Paper setter for M.A. semester II (Motivation and emotion) exam of 2015 of National P.G. College, Lucknow.
20. As external examiner to conduct the Psychology examination of B.A Second Year Ist Batch at K.G.K. (P.G.) college, Moradabad on dated 12th March, 2014.
21. As external expert for the Ph.D. entrance examination for Psychology students schedule on 21st August, 2014 at Amity institute of Behavioral and allied sciences, Amity University, Uttar Pradesh, Lucknow campus.
22. Coordinator of Under Graduate Psychology Practical Examination, University of Lucknow, session 2011 – 2012 & 2013 – 2014.
23. As external examiner to conduct the viva- voce examination (Practicum-III) of M.A. in counselling Psychology, Semester III and Viva- Voce examination (Field Work-I) of M.A. in clinical Psychology, Semester I to be held on 30th October, 2013 at Amity institute of Behavioural and Allied sciences, Amity university, Uttar Pradesh, Lucknow campus.
24. Paper setter of Haryana Public Service Commission Panchkula
25. Invited as a panel member for BMC interview on Nov 12th, 2014 at IPE office, Lucknow.
26. Psychologist at U.P. Police Recruitment Board 2011 to 2014.
27. As the external examiner to conduct the viva-voce examination (Dissertation) of M.Phil. (Child and Adolescents Psychology) semester IV, to be held on 2nd May, 2013 at Amity Institute of Behavioral and Allied Sciences, Amity university, Uttar Pradesh, Lucknow campus.

28. Organizing Secretary of National Seminar on Promoting Wellbeing among Elderly on 26th – 27th Dec, 2013.

29. Psychologist at Women Power line (1090) in Rape cell 2013 onwards.

SEMINAR, CONFERENCES, TRAINING AND SHORT TERM COURSES = 17

Attended many international, national seminars, conferences, trainings and short term courses.

Participated in the Refresher course in the subject Education, Physical Education and Psychology from Jan, 17 to Jan 30, 2020 and obtained grade A+ organized by University Grant Commission Human Resource Development Centre, University of Lucknow, Lucknow.

1. Participated in national webinar on medical ethics and GCP (Good Clinical Practices) ON 5TH December organized by IEC, Chandan hospital , Lucknow , U.P. India
2. Participated in the UGC sponsored short term course in Women empowerment from August 24, 2019 to August 30th 2019 and obtained grade A organized by University Grant Commission Human Resource Development Centre, University of Lucknow, Lucknow.
3. Participated in the sensitization program with media and judiciary on 25th July 2012 at Rai Umanath Bali Auditorium, Kaiserbagh, Lucknow organized by Pehchan North region office.
4. Participated in the 4 day induction training programme on counseling supervision held under the Global fund round-7 counselling component at department of Psychology, University of Lucknow during May 17th to 20th 2011.
5. Participated in the “TOT workshop on mental health aspects of HIV/ AIDS” held from 27th to 30th June 2011 at the department of Psychiatric social work, National Institute of Mental Health and Neuro Sciences (NIMHANS) Bangalore in Collaboration with Saksham, TISS, GFATM.
6. Participated in the refresher training of master trainers on HIV/AIDS counseling held under the global fund round -7, counseling subcomponent at the University of Lucknow, Lucknow from May 31st to 17th, 2010.

7. Participated in the induction training of master trainers on HIV/AIDS counseling held under the global fund round -7, counseling subcomponent at the University of Lucknow, Lucknow from March 10th– 21st, 2010.
8. Participated in two-day workshop on mental health problems: understanding and treatment organized by department of Psychology, National post graduate college, Lucknow on the date of 13 to 14, 2008.
9. Participated in the UGC sponsored orientation program held from 1st Sep, 2006 to 28th Sep, 2006 and obtained Grade “A” organized by University grant Commission Academic Staff College, University of Lucknow, Lucknow.
10. Participated in the one day hands on training workshop on “**Thematic Apperception test**” and “Children’ Apperception Test” on 20th March 2017 organized by department of Psychology, University of Lucknow.
11. Participated in seven days Hands on training workshop on Qualitative Research: Creating Meanings” from 13 March 2016 to 19 March 2016 organized by Department of Psychology, University of Lucknow, Lucknow.
12. Participated in two weeks “Capacity Building Programme” organized by Department of Social work, University of Lucknow, from March 16-28, 2015, sponsored by ICSSR, Ministry of Human Resource Development, Govt of India, New Delhi.
13. Participated in the one week short term course in deprived society: Movement and Present Scenario form 15th July, 2013 to 20th July, 2013 and present a paper on entitled Alcoholism: A Psychological Perspective and scored grade “A”.
14. Participated in one day workshop on “Counselling Children and Adolescents” by Prof. Shekhar Seshadri, NIMHANS Bangalore, on August, 20th, 2012 organized by the Saksham, Global Fund Round- 7, counseling subcomponent, Department of Psychology, University of Lucknow.

15. Participated in UGC sponsored refresher course in the subject Human Rights (I.D) held from 1st March 2011 to 24 March, 2011 and scored grade “A” organized by University Grant Commission Academic Staff College, University of Lucknow, Lucknow.
16. Participated in five days workshop on “Research Methods for Social Sciences using SPSS” on 8 January, 2011 to 22 January, 2011 along with two weeks home assignment and hands on practice sessions. organized by Department of Psychology, University of Lucknow, Lucknow.

PROGRAMME ORGANIZED = 5

1. Organized A Seven days International web talk show on **Gender stereotypes: A Lived Reality** 25th July to 31st July, 2020 at Institute of Women’s Studies, University of Lucknow, Lucknow, Uttar Pradesh.
2. Convenor in National Webinar on **Happiness: Different Strokes on Canvas of COVID-19** held on 6th and 7th June, 2020. Organized by Department of Psychology, University of Lucknow, Lucknow.
3. Organized A one day webinar on **Garbh Sanskar: Celebrating Life** on 2nd of May 2020 at Institute of Women’s Studies, University of Lucknow, Lucknow, Uttar Pradesh.
4. Organised and coordinated a workshop on **Psychotherapy and Integrative skills for practicing in India** by Prof. Sam Manicham on August 21st, 2013 in the department of Psychology, University of Lucknow.
5. Organizing secretary of National Seminar on **Promoting Well Being among elderly: An Indian Perspective** organized by Centre of Excellence, Department of Psychology, University of Lucknow, Lucknow on December 26-27, 2013.

PARTICIPATED AND PAPER PRESENTED IN SEMINAR/ WORKSHOP/ CONFERENCES = 28

1. Paper presented entitled **Present and future challenges among Housewives in lockdown of covid-19** online in the International Seminar On Pandemic Covid- 19 :

present and future challenges held held on 5th May, 2020 organised by Khwaja Moinuddin Chisti Language University, Lucknow.

2. Participated and Presented a paper entitled as **Self Perception of Adolescents In Lockdown of covid-19**” in online one day national conference on Covid 19 and mental health issues on 28th April, 2020 organised by IQAC and department of Psychology of Shri pancham Khemraj Mahavidyalaya, Sawantwadi, (MS) University of Mumbai, NEA life, Pune and Horizzont, Mumbai.
3. Presented Paper on **Yuva Varg mei Zeevan ki Gudvatta- Ek Saidhantik Dristikone** in National Seminar on Vision New India: Strategies and Prospects, 16 to 17 October 2019 organized by Faculty Of Commerce, Shri Jai Narain Mishra PG College, Lucknow.
4. Presented Paper on **Aggression and Suicidal Thoughts Among Youth During Pre-Menstrual Syndrome** in International seminar on Towards Sustainable Women Health: Decoding the Menstruation Taboo, 1st to 2nd Feb 2019 organized by Maharaja Bijli Pasi Govt. PG. College, Lucknow.
5. Paper presented on **Life beyond suffering: Becoming Sthitpragya person** at Rai Uma Nath Bali Auditorium organized by cancer aids society under the auspices of state bank of India on the date of 8th Dec, 2016.
6. Presented paper on **Object relations of M: A leprosy patient** in 3rd International conference on Psychology and Allied Sciences jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University Noida, India and Indian Association of Health, Research and Welfare 25th- 27th September; 2014 at Amity University Uttar Pradesh, Noida, India Theme: Nurturing values and strengths in individuals and society: Role of Psychology.
7. Presented paper on **Quality of life among female sex workers** in 3rd International conference on Psychology and Allied Sciences jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University Noida, India and Indian Association of Health, Research and Welfare 25th- 27th September; 2014 at Amity University Uttar Pradesh, Noida, India Theme: “Nurturing values and strengths in individuals and society: Role of Psychology.

8. Presented paper on **School a Traumatic Environment: As Perceived by Girls of Senior Secondary School** in the 1st International Conference on Bio-Psychosocial Perspectives of Trauma jointly organized by Shia PG College Lucknow and Indian Mental Health and Research Centre held on 13th January, 2019 at Lucknow.
9. Presented paper on **Family emotional stress among parents of children with intellectual disability** in the 1st international on conference on Bio-Psychosocial perspectives of trauma jointly organized by Shia PG College Lucknow and Indian Mental Health and Research Centre held on 13th January, 2019 at Lucknow.
10. Presented paper on **Aggression among Lucknow University Students: A Gender Study** in the 1st International On Conference on Bio-Psychosocial Perspectives of Trauma jointly organized by Shia PG College Lucknow and Indian Mental Health and Research Centre held on 13th January, 2019 at Lucknow.
11. Presented paper on **In Search of Self Among Transgender** in the 3rd International Conference of Indian Academy of Health Psychology held at the department of Psychology, National Post Graduate College, Lucknow from 12th to 14 November, 2017.
12. Presented paper on **Status of Physical And Psychological Health Issues among Men Who Have Sex With Men (MSM)** in the 3rd International Conference of Indian Academy of Health Psychology held at the department of Psychology, National Post Graduate College, Lucknow from 12th to 14 November, 2017.
13. Presented an open paper on **CBT for Children and Adolescents/ CBT and Stress Management** during the International conference on Cognitive Behavioral Interventions India-2017” organized by Indian Association of cognitive behavioural therapy (IACBT) from 6th-8th March, 2017, at AIIMS, New Delhi, India.
14. Presented a paper on **Cognitive Behavioral Approach for Managing Stress of Parents with Intellectually Disabled Child: A Case Study**, the scientific committee, ICCBI India 2017, organized by Indian Association of cognitive Behavioral Therapy (IACBT) from 6th-8th March, 2017, at AIIMS, New Delhi, India.
15. Presented paper on **Daily care stress among parents intellectually challenged children** in the National seminar organized by B.Ed. Shri Jai Narain PG College, Lucknow and sponsored by department of empowerment of persons with disabilities, Ministry of social

justice and empowerment, Government of India, New Delhi on the date of 25th 26th March 2017.

16. Presented paper on **Coping strategies among parents of intellectually challenged children: A theoretical perspective** in the National seminar organized by B.ed Shri Jai Narain PG College, Lucknow and sponsored by department of empowerment of persons with disabilities, Ministry of social justice and empowerment, Government of India, New Delhi on the date of 25th 26th March 2017.
17. Presented a paper on **Perceived Psychosocial Problems Among Higher Secondary Students** in the 4th ICPAS, 2016 4th International conference on Psychology and Allied sciences 16-18 January, 2016 Ravindra Bhavan, Margo, Goa, India on positive schooling: A Heaveb for holistic development organized by Indian association of Health, Reseach and Welfare in association with association of educators and allied professionals, carmel college for women, Nuvem, Goa and Mahatma Gandhi Antarastriya Hindi Vishwavidyalaya, Wardha, Maharashtra, under the aegis of ICMR, ICSSR, RCI New Delhi.
18. Presented a paper on **Attitude towards school among senior secondry school girls** in the 4th ICPAS, 2016 4th International conference on Psychology and Allied sciences 16-18 January, 2016 Ravindra Bhavan, Margo, Goa, India on positive schooling: A Heaveb for holistic development organized by Indian association of Health, Research and Welfare in association with association of educators and allied professionals, carmel college for women, Nuvem, Goa and Mahatma Gandhi Anta Rastriya Hindi Vishwavidyalaya, Wardha, Maharashtra, under the aegis of ICMR, ICSSR, RCI New Delhi.
19. Presented a paper on **Perceived self among girls of senior secondry school** in the 4th ICPAS, 2016 4th International conference on Psychology and Allied sciences 16-18 January, 2016 Ravindra Bhavan, Margo, Goa, India on positive schooling: A Heaveb for holistic development organized by Indian association of Health, Reseach and Welfare in association with association of educators and allied professionals, carmel college for women, Nuvem, Goa and Mahatma Gandhi Antarastriya Hindi Vishwavidyalaya, Wardha, Maharashtra, under the aegis of ICMR, ICSSR, RCI New Delhi.
20. Participated and presented a paper on entitled **Personality profile of X; A leprosy patients** in IPSC-2012, organized by dept. of Psychology, PG Govt college sector-,

Chandigarh- India on the theme of psychological Well Being :Building bridges for tomorrow on 05th to 06th October,2012.

21. Participated and presented a paper on **Perceived self among the managers of telecom sector: A gender study** in IPSC-2012, organized by dept. of Psychology, PG Govt college sector-, Chandigarh- India on the theme of psychological Well Being :Building bridges for tomorrow on 05th to 06th October,2012.
22. Participated and presented a paper on entitled **Perceived self among institutionalized elderly** in IPSC-2012, organized by dept. of Psychology, PG Govt college sector-, Chandigarh- India on the theme of psychological well being :Building bridges for tomorrow on 05th to 06th October,2012.
23. Participated and presented a paper on entitled **Quality of life and perceived stigma among the present intellectually challenged children** in IPSC-2012, organized by dept. Of Psychology, PG Govt college sector-, Chandigarh- India on the theme of psychological well being: Building bridges for tomorrow on 05th to 06th October, 2012.
24. Participated and Paper presented on entitled **concept of health : Journey from Vedic period to present times** organized by XXIX Indian social science congress Indian academy of social sciences University of Lucknow, Lucknow on the date of 26th to 30th , 2005.
25. Participated in and Presented a Paper on entitled on case **study of a leprosy patient** in the 3rd National conference of APC organized by Department of Psychology, National P.G. College, Lucknow on psychological counseling and health across the life span on December, 5th and 6th 2004.
26. Participated in Mental Health conclave (6th to 8th October, 2018) on the theme “Youth and mental health in a changing world” organized by department of Psychology, University of Lucknow.
27. Worked as volunteer and actively participated in the one day event on 10th September, 2015: World Prevention Day, held at Department of Psychology, University of Lucknow.

28. Participated in one day training program on biodiversity and its conservation organized at department of Zoology, University of Lucknow, Lucknow sponsored by Uttar Pradesh State Biodiversity Board, Lucknow on the 27th March, 2014.

ADMINISTRATION AND EXTENTION SERVICES = 7

1. Coordinator of undergraduate Psychology practical examinations, University of Lucknow, Lucknow from 2008 onwards.
2. Assistant Provost, Management Girls Hostel, University of Lucknow (2021-2017)
3. Faculty in charge of Women Assistance / Grievance redressal committee (WAGRC) from 2014, onwards at department of Psychology, University of Lucknow, Lucknow.
4. Assistant OSD (coding, decoding, evaluation and results) of M.A. semester examinations since 2008 at department of Psychology, University of Lucknow, Lucknow.
5. Test lab in charge of the Psychology department, University of Lucknow, Lucknow since 2008.
6. Experimental lab in charge of the Psychology department, University of Lucknow, Lucknow since 2008.
7. Office in charge of the psychology department University of Lucknow, Lucknow since 2008.

Dr. Archana Shukla

